

The Phoenix-Talent Community
Cares Program Presents:

NAMI BASICS

National Alliance
on Mental Illness

DO YOU HAVE A CHILD OR
FAMILY MEMBER WITH A MENTAL
ILLNESS?

For:

Parents, Caregivers, Family,
Friends & School Staff

When:

Saturday, November 5th
Saturday, November 12th
Saturday, November 19th

Time: 8:30am - 3:30pm

Where:

Phoenix Elementary School
215 N Rose St, Phoenix

Childcare & Lunch Provided!!

COST: FREE

TO REGISTER, CALL OR EMAIL:

KATIE.MCCORMICK@PHOENIX.K12.OR.US

541-779-1766 X2025

JOIN US FOR NAMI BASICS!!

A 3-week course taught by trained parents who have lived similar experiences with their own children.

Course elements include:

- An overview of the Mental Health, School, and Juvenile Justice systems.
- Info on ADHD, Bipolar Disorder, Depression, Anxiety Disorders, Schizophrenia, Oppositional Defiant Disorder, and Obsessive Compulsive Disorder.
- The Impact of mental illness on the child and family.
- Biology of mental illness and current research.
- The diagnostic process and treatment options.
- Strategies to improve problem-solving and communication skills.

MORE INFORMATION

<https://namisouthernoregon.org/>

